

Which of the Lehman's DVD resources will be most helpful to you?

Live Ministry Series 1 to 16

1)	"Chrystal: Loss of Father Before Birth, Session #1"	\$30
2)	"Chrystal: Loss of Father, Session #2"	\$30
3)	"Patricia: First Session with Internal Parts"	\$30
4)	"Grace: Childhood Abuse Memory"	\$30
5)	"Lisa: Childhood Surgery, Panic Attacks, & Abreaction"	\$30
6)	"Father-Son Wounds"	\$30
7)	"Eileen: 'Immanuel Intervention' (intermediate)"	\$30
8)	"Live Emotional Healing Ministry: Four Condensed Sessions"	\$30
9)	"Doug: 'Immanuel Intervention' (intermediate)"	\$30
10)	"Live Emotional Healing Ministry: Four MORE Condensed Sessions"	\$30
11)	"Maggie: More Than Healing"	\$30
12)	"Maggie #2: 'If I leave, she could die'..."	\$30
13)	"Jim: Grieving Dad's Death"	\$30
14)	"Rita #2: Resolution of Bitterness Towards Mother"	\$30
15)	"Live Emotional Healing ministry ~ Condensed sessions, 3 rd set"	\$30
16)	"Dawn: Disarming the Lure of Affirmation"	\$30

Immanuel Teaching Series

1)	"Immanuel: God With Us" (<i>Charlotte</i>)	\$20
2)	"Imm., Emotional Healing, & Capacity, Parts I & II" (Double DVD Set)	\$60
3)	"Imm., An Especially Pernicious Blockage, & The Normal Belief Memory System, Parts I & II" (Double DVD set)	\$60

SET 1	All the Live Ministry Sessions (#1-#16) <i>save \$40 over individual pricing</i>	\$440
SET 2	Any six (6) of the Live Ministry Sessions <i>save \$15 over individual pricing</i>	\$165
SET 3	Immanuel Teaching Series (the 3 above, 5 discs in 3 cases) plus a choice of ONE of the following Live Ministry Sessions: #7, #9, #11-#16, making 6 discs total. <i>Save \$15 over individual pricing</i>	\$155
SET 4	One of everything currently available (16 Live Ministry Series DVDs & 3 Lectures totaling 5 discs – so 21 DVDs in all). <i>Save \$50 over individual pricing.</i>	\$570

☞ **If you want to introduce others to emotional healing ministry** – especially others who are busy, unsure what it's all about: the condensed session sets are specifically designed for this. If you are only planning to purchase one, start with **#8 "Live Emotional Healing Ministry: Four Condensed Sessions."** *These 13 to 26 minute condensed sessions, covering a number of different healing issues, and including a man as well as three women receiving ministry, are a great introduction.*

☞ **If you want to see good examples of Immanuel intervention trouble-shooting** to enable the person receiving ministry to go from NOT perceiving Jesus' presence, to perceiving Him at the end:
#9 "Doug: 'Immanuel Intervention' (intermediate)" *The fact that Doug was not able to perceive Jesus' presence was the painful trigger which began the session. Through the course of the session, Karl and Doug work through memory-based blockages, and at the end of the session, Doug has a joyful, healing encounter with Jesus.*
#7 "Eileen: 'Immanuel Intervention' (intermediate)" *The first block of "trouble-shooting" identifies and resolves hindrances that were keeping Eileen from perceiving the Lord's presence. Then, even though she can perceive Him, she cannot connect with Him or receive from Him. After the second block of trouble-shooting Eileen is able to connect with Jesus and receive healing.*

The best example of the Immanuel Approach, including the recall of positive memories, deliberate appreciation exercises, and connection with Jesus at the beginning of the session, is **#12 "Maggie #2: 'If I Leave, She Could Die' ..."**

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- ☞ **If you are a mental health professional**, or lay minister who is particularly serious about your training: *Frankly, if we were you, we'd get the complete set of live ministry sessions and the teaching sessions. While the condensed ministry sessions give an idea of what the process looks like, those who are going to actually help shepherd others through the process themselves need to know the details of troubleshooting, and have a more accurate intuitive feel for how long various steps can take, and what they may look like "in real life" vs. in an abstract discussion. Getting exposure to the full range of issues that come up in the different sessions is also good for the professional's equipping to help a broader range of people. And, since we allow folks to share the videos (though not broadcast them for commercial gain), a mental health professional can loan the resources to clients, using his/her discernment about whether watching a particular session (full or condensed) might be helpful to someone's healing process.*
- ☞ **If you want to hear more details about a key breakthrough in Karl's being able to perceive Jesus' presence** – and the generally applicable principles which that true story illustrates, get the third of the lecture DVDs: **“Immanuel, An Especially Pernicious Blockage, & The Normal Belief Memory System, Parts I & II” (Double DVD set).**
- ☞ **If you want a Biblical introduction to the concept of God being with us** – even in our pain, which can also serve as a gentle introduction to the concept that we all need emotional healing, get Charlotte's lecture, **“Immanuel: God With Us”**

General comments:

- Live ministry sessions provide *modeling* that teaches *right hemisphere skills* in a way that reading and/or lecture cannot provide.
- Here is the text from the back of the DVD boxes, which gives more details about the content of each one:

Live Ministry Series #1 – Chrystal: Loss of Father Before Birth, Session #1

In this ministry session, Chrystal finds herself remembering the pain of losing her father to cancer, while she was still in the womb. Happening in pieces over the course of the session, Chrystal receives healing for several wounds which appear to have begun at that early time in her life. This recording also includes two follow-up interviews, which reveal a number of positive changes since the session, including the unexpected disappearance of Chrystal's physical back pain.

Live Ministry Series #2 – Chrystal: Loss of Father, Session #2

This ministry session shows the next steps in Chrystal's healing journey, taking place three and a half months following the work recorded in "Chrystal: Loss of Father Before Birth, Session #1". The session sensitively addresses various self-protective patterns (psychological defenses) that hinder deep healing. This recording also includes one follow-up interview, which reveals several additional positive changes occurring after this second session.

Live Ministry Series #3 – Patricia: First Session with Internal Parts

In this ministry session, Patricia describes how her mother died when Patricia was only nine months old. That painful separation was compounded by another change of primary care givers at the age of eighteen months. The session demonstrates ways of working with mild to moderate dissociative phenomena, in which the mind keeps some memories or parts of memories separate from one's usual conscious perception. In the

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ten-month follow-up interview, Patricia describes positive changes she has experienced since the session, including increased effectiveness in her own ministry of emotional healing.

Live Ministry Series #4 – Grace: Childhood Abuse Memory

In this ministry session, Grace remembers an incident of sexual abuse, and receives healing from the Lord. There are two brief follow-up interviews, at one month and at three months, in which Grace discusses the new sense of strength and clarity she has felt in facing several crisis situations since the ministry session – situations in which she previously would have felt powerless and confused. Grace also reports the unexpected but welcome beginning of spontaneously having compassion for and positive memories about the perpetrator, rather than only negative thoughts and feelings.

Live Ministry Series #5 – Lisa: Childhood Surgery, Panic Attacks, and Abreaction

In this ministry session, Lisa chose to focus on the panic attacks she was experiencing as she anticipated having surgery the day after the ministry session. The session shows a moderately intense abreaction (intense emotional release experienced during recall and processing of traumatic memory) and healing following. In the two-month follow-up interview, Lisa describes how this session resolved her surgery-related panic attacks. The day after this session, as she waited for hours in pre-op before her surgery, she was calm and sensing the Lord's presence instead of having panic attacks.

Live Ministry Series #6 – Rocky: Father-Son Wounds

In this ministry session we meet Rocky, a man who, like many of us, was wounded by his father's brokenness and sin. This session provides powerful examples of how healing painful memories with one's parents can benefit one's relationship with the Lord. In the 16-month follow-up interview, Rocky describes clearly and compellingly the fruit of the Lord's healing in his life, including greatly improved self-care, leading to a healthy 50-60 pound weight loss.

Live Ministry Series #7 – Eileen: "Immanuel Intervention" (intermediate)

In this ministry session, Eileen describes a classic type of wound caused by the absence of necessary good things. She could feel and see herself as a small child wanting and needing emotional connection with her mother, but instead of receiving positive attention and emotional connection, she felt chronically unseen, ignored, or unwanted. This faith-building session illustrates the principles, techniques and process described in our "Immanuel and Emotional Healing" presentations. Several hindrances to connecting with the presence of Jesus are overcome, and the positive changes which Eileen reports both immediately, and in the seven-month follow-up interview are inspiring.

Live Ministry Series #8 – Live Emotional Healing Ministry, Four Condensed Sessions

DVD contains these condensed versions: 1) "Eileen: 'Immanuel Intervention' (intermediate)" 26 min.; 2) "Lisa: Childhood Surgery, Panic Attacks, & Abreaction" 13 min.; 3) "Grace: Childhood Abuse Memory" 20 min.; 4) "Father-Son Wounds" 16 min. PLUS Written commentaries for each, both condensed and full versions, are included as .pdf documents accessible from your computer DVD drive.

Live Ministry Series #9 – Doug: "Immanuel Intervention" (intermediate)

In this ministry session Doug focuses on painful thoughts and emotions that got stirred up when he was unable to perceive the Lord's presence in an earlier "Immanuel Intervention" exercise. Doug connected to childhood memories that matched the negative thoughts and feelings that had gotten stirred up, we were able to identify and resolve blockages associated with those memories, and Doug was then able to perceive the Lord's presence. The follow up interviews at one month and 10 months indicate lasting fruit in Doug's relationship with Jesus. This faith-building session illustrates the principles, techniques, and process described in our Immanuel Series presentations.

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Live Ministry Series #10 – Live Emotional Healing Ministry, Four MORE Condensed Sessions

DVD contains the following condensed versions: 1) “Chrystal: Loss of Father Before Birth, Session #1” 20 min. 2) “Chrystal: Loss of Father, Session #2” 18 min. 3) “Patricia: First Session with Internal Parts” 22 min. 4) “Doug: ‘Immanuel Intervention’ (intermediate)” 22 min. Written commentaries for each, both condensed and full versions, are included as .pdf documents accessible from your computer DVD drive.

Live Ministry Series #11 – Maggie: More Than Healing (*“Immanuel Interventions” to facilitate additional connection with Jesus*)

This session is about going deeper with Jesus. Maggie begins with memories in which she had already received healing, but in which her perception of Jesus had been very subtle. We then use “Immanuel Interventions” to help Maggie experience a more tangible and intimate connection with Jesus. Along the way, Maggie also receives additional healing in those memories. At the two month follow-up interview Maggie reports fruit from the healing, and also describes poignant experiences of connecting with Jesus when she repeated Immanuel Interventions with these same childhood memories during personal devotional time. This faith-building session illustrates the principles, techniques, and process described in our Immanuel Series presentations.

Live Ministry Series #12 – Maggie #2: “If I leave, she could die” (*The Immanuel Approach to Emotional Healing*)

In this ministry session Maggie works on fear, uncertainty, and confusion regarding a very difficult situation with one of her ministry clients. We begin the session with Maggie focusing on a memory of a past positive experience with Jesus, and in the context of this positive memory we help her to refresh her connection with Him. She then engages directly with Jesus regarding her fear, uncertainty, and confusion. Jesus speaks to the recent situation with her client, and then also brings forward a matching traumatic childhood memory that needs to be resolved. Maggie's report at the five month follow-up interview indicates lasting fruit. This faith-building session demonstrates the principles, techniques, and process of the Immanuel approach to emotional healing.

Live Ministry Series #13 – Jim: Grieving Dad's Death (*The Immanuel Approach to Emotional Healing*)

In this ministry session Jim works on childhood pain from his relationship with his Dad, and also on unfinished grieving over his Dad's death. Jim begins the ministry time by focusing on a memory of a past positive experience with Jesus. In the context of this positive memory Jim refreshes his connection with Jesus, and then engages directly with Jesus regarding his Dad. Jesus does a beautiful job of helping Jim work through his childhood pain, appreciate his Dad, and then grieve his Dad's death. Jim's comments at the six month follow-up interview indicate lasting fruit regarding his relationship with his father and in his relationship with the Lord. This faith-building session demonstrates the principles, techniques, and process of the Immanuel approach to emotional healing.

Live Ministry Series #14 – Rita #2: Resolution of Bitterness Towards Mother (*Immanuel Interventions, Basic-Intermediate*)

In this session, Rita describes a childhood memory with her step-mother that includes classic pain from lack of attunement, and she then also describes the very common phenomena of using anger/bitterness as a kind of psychological defense. We use “Immanuel interventions” to help her perceive the Lord's presence and connect with Him in the traumatic memory, and these Immanuel interventions include basic-intermediate “trouble-shooting.” Once Rita is able to perceive and connect with Jesus, He helps her to resolve her bitterness towards her step-mother and then also resolves the lingering pain in the memory. The follow-up interviews at one month and 18 months demonstrate deep and lasting benefits, verifying that permanent healing had indeed been accomplished.

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Live Ministry Series #15 – Live Emotional Healing Ministry, Condensed Sessions, 3rd Set

DVD contains these condensed versions: 1) "Maggie: More Than Healing..." 26 min. 2) "Maggie #2: 'If I Leave, She Could Die'" 19 min. 3) "Jim: Grieving Dad's Death" 14 min. 4) "Rita #2: Resolution of Bitterness Towards Mother" 19 min. Written condensed version commentaries for each are included as .pdf documents accessible from your computer DVD drive.

Live Ministry Series #16 – Dawn: Disarming the Lure of Affirmation (*Immanuel Interventions, Basic-Intermediate*)

In this session, Dawn expresses concern that affirmation and recognition have a power for her that feels unhealthy in some way. The Lord leads her to a key memory contributing to the unhealthy energy, and she makes the basic Immanuel intervention invitation and request: "Lord, I make a heart invitation for You to be with me in this place, help me to perceive Your presence." However, she is not initially able to perceive the Lord's presence. We use Immanuel intervention trouble-shooting to identify and resolve the blockages, she becomes able to perceive the Lord's presence, and the unhealthy lure of affirmation/-recognition appears to resolve as she engages directly with Jesus in the context of the memory. Finally, Dawn's observations during the twelve months following the session indicate that this apparent resolution was indeed a deep and lasting change.