



Testimony, Marriage Seminar

One of the people from our January 2000 weekend seminar for couples wrote some notes about his experience with Theophostic prayer. He was happy to let us share his testimony with others:

“I had not received or given healing prayer ministry prior to my experience with Theophostic.

“Both of the first two major experiences of Jesus healing me through Theophostic were preceded by my feeling led to fast several days up to the session. Fasting is not something I have done much of in the past, but I felt the Lord leading me to do it.

“After receiving the healing of specific wounds and lies, I have found that certain behavior patterns and habits of mine no longer have the force of being internally motivated. Some of these patterns have fallen off right away; some of them are habits that are taking a little more effort to lose. In one case, I found that people in my community were catering to me in such a way that fit my old behavior pattern and wound/lie. The way they acted toward me both surprised me and seemed humorous because it no longer fit my need. I also felt some sadness that others had to be on eggshells around me and that my wound shaped not only my own behaviors but also others.

“One of my lies was that ‘I don't belong,’ and ‘I am an outsider.’ Jesus astounded me by telling me that I belong to him. Thus, God redeemed the word ‘belong’ for me and even changed its meaning slightly: from ‘belong with a group/fit in’ to ‘be owned by.’ Transformation of words and my life at the same time. I think I have unconsciously done things in my past to set myself up to be an outsider.

“After going through the marriage seminar with seven other couples, one of the things that struck me was that we were each dependent on the others and their effectiveness in helping someone heal was dependent on their own healing. In a community such as ours, our wounds interact and cause chain reactions. Satan might have a strategy that looks at the whole community and not just at individuals, so he may be trying to leverage one of us to affect the whole group. Just like there's no private sin, there's no private wounds/lies.

“Someone suggested to me that I start my daily prayer time by recalling the images that Jesus gave me during the Theophostic process. I have tried this and have been able to experience intimacy with God at a greater ease than ever before. Interestingly, when I have recalled images of Jesus, he doesn't seem like a memory of my original healing experience; he seems to be present tense every time I recall him! I guess this fits Dr. Smith's concept of Jesus not being bound by time and that's why he can enter the past in our memories. I didn't realize that when he did it he was also entering the future as well!”